







Frère Jacques (Are You Sleeping?)

~ Progress Sheet ~







Track Your Progress

Check the boxes below to set goals and record achievements.




MELODY

			Practicing	Achieved
1	Play the melody using the <i>Melody Sheet</i>			
2	Play the melody with the <i>Melody and Chords Track</i>	 		
3	Play the melody with the <i>Chords Track</i>	  		

CHORDS

			Practicing	Achieved
1	Play the chords using the <i>Chords (or Easy Chords) Sheet</i>			
2	Play the chords with the <i>Melody and Chords Track</i>	 		
3	Play the chords with the <i>Melody Track</i>	  		

SINGING

			Practicing	Achieved
1	Sing and play the melody using the <i>Melody Sheet</i>			
2	Sing the melody and play chords using the <i>Chords Sheet</i>	 		

Skill Levels:



Level 1



Level 2



Level 3